

EARLY CHILDHOOD EDUCATION CENTER MEALS WEEK OF 1/30/12



AM BREAK: PANCAKES, BUTTER, SYRUP, BLUEBERRY YOGURT AND SLICED PEACHES

01/30 LUNCH: GARDEN SALAD W/ DRESSING, CHEESEBURGER ON BUN, STEAMED GREEN PEAS,
CANNED PINEAPPLE CHUNKS

PM BREAK: OLD LONDON BREADSTICKS AND CHEESE CUBES

AM BREAK BISCUIT, SAUSAGE LINKS, JELLY, ORANGE WEDGES

1/31 LUNCH TURKEY PITA SANDWICH, PEAS & CARROTS, TROPICAL FRUIT SALAD

PM SNACK FRESH STRAWBERRIES, RANGER COOKIE

2/01 AM BREAK FRENCH TOAST HALVES, SYRUP, BUTTER, BAKED POTATO WEDGE, MIXED FRUIT

LUNCH TOSSED SALAD W/DRESSING, SPAGHETTI & MEAT SAUCE, BREADSTICK, ITALIAN
VEG, CANNED PEARS

PM SNACK VEGGIE TRAY, RANCH DIP, WHOLE WHEAT CRACKER

2/02 AM BREAK HARD BOILED EGGS, WAFFLE, SYRUP, BUTTER, PEACH SLICES

LUNCH TOSSED SALAD W/DRES., SLOPPY JOE ON BUN, ROASTED POTATO WEDGE,
APRICOT HALVES

PM SNACK CHURROS, MIXED FRUIT

2/3 AM BREAK SCRAMBLED EGG, CRISP BACON, DICED HASH BROWNS, CAN. PINEAPPLE SLICE

LUNCH TOMATO SOUP , GRILLED CHEESE ON WHEAT, FRESH BROCCOLI FLORETS,
SEEDLESS GRAPES(MAND. ORG)

PM SNACK CUCUMBER SLICES, SUGAR COOKIE